

# Friends of Kenya Schools and Wildlife

November 1, 2010

#### Greetings!

A few days ago, I was talking to friends about my visit to Kenya in September. Excited about the progress I had seen in the rural villages where FKSW supports community development projects, I told them about some of the highlights of the trip: the opening ceremony in Molo on September 20th for the new Tuinuane Nursery School; the completion of the fourth classroom and toilets at Endonyio Sidai Primary School and the school's official registration with the Ministry of Education; the transformation that continues in the 5 small villages on Kokwa Island where healthier people are gardening, sewing, raising chickens and drinking clean water, children are attending school and doing well and village committees are meeting to make decisions about the future.

One friend asked "If your donors read about all the good things that are happening in these villages and hear that everything's great, why would they want to contribute to FKSW rather than to an organization that's delivering humanitarian aid to people who are starving, homeless, or ill? When there are so many other competing requests for money where needs are critical, not only in distant lands but in our own back yard, why would they give donations to you?"

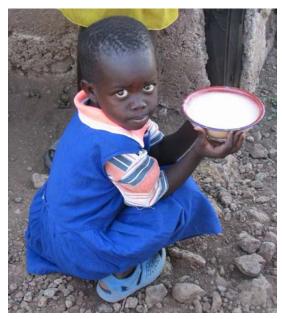
Good questions! Especially these days when a depressed economy and a seeming abundance of natural disasters and other crises have made us painfully aware of need in the world. Why WOLLD donors want to contribute to EKSW is



Locations of FKSW projects

aware of need in the world. Why WOULD donors want to contribute to FKSW in these difficult times? Do our current donors need a special reason for continuing to support FKSW? How can we convince prospective supporters that what we do is worth their investment? As I thought about this, several things occurred to me that I'd like to share with you.

- \* FKSW doesn't compete with other organizations for funding. There is no Pot of Money with a fixed amount that everyone must share. And, there's a difference between funding crisis relief and ongoing community development. The donations are not used to same end.
- ❖ Fundraising for FKSW starts with the belief that the community development work we support is of value. In any community, chronic and urgent need is readily apparent: extreme poverty, hunger and inadequate nutrition, untreated diseases like malaria, TB, HIV/AIDs and diabetes, water that is not safe to drink, or no water at all. Beyond basic survival and equally as debilitating, people in these communities often lack the vision, skills, resources and hope to meet the challenges they face, thereby perpetuating existing situations.
- \* FKSW works holistically. With NECOFA, our Kenyan partner, we use the 2000 United Nations Millennium Development Goals to guide our efforts in the areas of poverty, hunger, education, disease and income generation. Our work is part of an ongoing process which, with participation and ownership from the community, can prevent small crises from escalating into

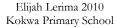


Snack time at Kirepari Nursery School

- full-blown emergencies. In times of emergency, FKSW is responsive. In 2007, FKSW assisted the community of Longicharo with emergency food, clothing and shelter when they were forced to leave their village by armed raiders. During the post-election violence in 2008, FKSW donors gave over \$8,000 for humanitarian relief for the 12,000 people in camps in Molo.
- ❖ Community development is an investment in the future, not only addressing immediate needs, but teaching people to understand their unique situations and assess their needs together so they can eventually meet the challenges themselves. When you donate to FKSW, you're investing in an idea with potential positive long term-impact, compared with sometimes uncertain outcomes from short-term disaster relief. You are a critical part of a long-term solution and your generosity involves an ongoing commitment that will be significant and rewarding.
- ❖ Community development takes a long time and sometimes it's only when we look back that we see the transformation, not just in peoples' physical reality, but in their attitudes, in their self-respect and sense of dignity, in their levels of responsibility, in their hope and their vision of what's possible.

### You're changing the world with your gifts to FKSW!







Elijah Lerima 2004 Longicharo Nursery

Eleven year old Kokwa Primary School student Elijah Lerima has received support from FKSW donors since 2004. Elijah's position in his class of 31 fifth graders is number 2. He's excels in science and wants to be a teacher. His family is chronically poor and we just learned that he suffers from severe untreated asthma. Nevertheless Elijah walks 4 miles to and from school every day in extreme heat and dust. The day we visited Elijah at school, his records showed that he had been absent only 1 out of 65 days in the current term. He loves school and is a helpful and responsible student.

Without your sponsorship, Elijah and the other 129 students supported through FKSW, would have dreams but little hope of realizing them. You truly are changing the world, one child at a time! You can read more examples of other people who are moving ahead with their dreams in the accompanying FKSW newsletter.

#### You've given people hope and a vision for the future!

For the past six years, you've entrusted your investments in rural communities in Kenya with Friends of Kenya Schools and Wildlife. You've asked us to use your funds to make a difference in the world. And we have. Thanks to your generosity, men and women, girls and boys are transforming themselves and their communities through the projects you support. They are doing things they've never done before, things they never could have imagined...like, planting gardens, attending school, visiting a hospital for treatment, drinking clean water, eating nutritious meals, sewing and knitting, earning an income. They are creating better lives and dreaming of brighter futures. They are examples for others. *The return on your investments in Kenya has been substantial!* 

#### Here's a partial list of what you've done:

- fed hungry children and provided extra nutrients for those at risk of malnutrition
- enabled primary school students and adults to garden and produce food for consumption and sale
- ❖ built 4 nursery schools and 2 primary school classrooms in 4 communities
- funded two medical camps that brought medical services to an isolated community
- helped members of 2 women's groups learn sewing, knitting, weaving and spinning skills to earn an income
- provided fluoride and bacteria free water for over 1,000 residents of 5 villages
- \* assisted 129 children to attend primary and secondary school and 20 girls to board at their school
- given displaced persons in crowded camps what they needed to survive and to feel cared for



Rahab Wangui and Phyllis Kiarie Members of Karunga Women's Group and the Molo Wool Project

## Please help us continue to expand our programs!

Since 2004, over 95% of our revenue has been used for program needs and this will continue. Our budget for 2011 has increased significantly over previous years...with more projects that impact a greater number of people. More than ever we need your support!

Whatever your contribution, we sincerely thank you for your continued commitment to FKSW and to people in rural communities in Kenya. We are so very grateful that you are with us on this exciting journey to help people to acquire the education, health, skills, income and hope they need to sustain themselves today and in the future. If you've already donated to FKSW this year, we're grateful! Would you consider donating again? If you haven't given a donation, please help us now! And please consider doubling your donation from last year!

You can write a check to FKSW, or visit our website (<u>www.fksw.org</u>) and make a contribution through PayPal. Remember, your donation is tax deductible. Thank you so much!



Asante Sana!

#### Friends of Kenya Schools and Wildlife

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November 2010

## Kenya in September and October

A month long trip to Kenya this fall gave me a great opportunity to share my love of that country and the work of FKSW with my sister Barb. Because it was her first trip to Kenya, we combined a bit of pleasure with work, visiting the Maasai Mara, Lake Nakuru and the Kenyan coast. Our visit to Lake Nakuru National Park was blessed with heavy rains that made the going slick on the dirt roads but the animals, hunkered down under trees out of the rain, provided us with some great photo opportunities. Lake Baringo was hot, dry and beautiful, and our time in Lamu, on the coast, was like having stepped into another world.

During the "working" part of the trip, we covered a lot of ground, visiting the Endonyio Sidai Primary School south of Nairobi, attending the official opening of the Tuinuane Nursery School in Molo, working for four days with the Karunga Women's Group and their Molo Wool Project, and spending 5 days at Lake Baringo visiting the villages on Kokwa Island.



Rothschild giraffe at Lake Nakuru

In each community, I was deeply touched by the warm welcome and by the sincere gratitude the people expressed by for the support they've received from FKSW and from our partner NECOFA. They mentioned not only individual projects but spoke about our long term commitment to the communities, for staying with them in good times and bad, and for bringing our friends from home to meet them. The relationships we have built over time are strong. When we leave a village, people always say "Greet your families and everyone there for us and please thank them for their assistance!" So, on behalf of our friends in Kenya, the beneficiaries of your generosity for the past 6 years, "Tumeshukuru sana". We thank you very much!



Tuinuane Nursery School in Molo

### Tuinuane Nursery School

In the July 2009 FKSW newsletter, I wrote about Tuinuane, a new community established by over 800 people who had been displaced from their homes by the post election violence in Kenya in 2008. Officially recognized as Internally Displaced People (IDPs) by the Kenyan government, each adult was given 10,000 Kenya shillings (\$136) as resettlement funds. Despite this meager assistance and extremely limited resources, the group pooled their money to purchase farm land near Molo. They tilled the soil and planted crops. Living in tents for over a year, they waited for additional funds



A new tree for the school

promised by the government. Assisted by the Danish Refugee Council, each family built a mud and stick home and planted corn and beans for food in their small kitchen gardens. FKSW provided resources for a pump to bring water from a nearby river and helped create a nursery school in a UNICEF tent by donating desks, benches and school supplies.

"Tuinuane", which means "let's lift one another" in Swahili, is a perfect description for this resourceful community. Last year, using a brick machine donated by FKSW to NECOFA for community projects, the people of Tuinuane began making bricks to build a "real" nursery school. It was not always easy. Unseasonal rains delayed the drying of the bricks and then last November, the partially constructed walls collapsed in a heavy storm. This spring with the arrival of sunny weather, workers made 1,200 new bricks which dried quickly allowing work to resume.

On September 20th we joined an elated Tuinuane community for the official opening of the Tuinuane Nursery School. Residents, the local chief and invited guests celebrated the completion of the beautiful school by planting indigenous trees around the building and sharing thoughts about the challenges they had faced and the perseverance that allowed them to enjoy this day.

The school will serve multiple purposes. With a retractable door in the center, it can be divided into two classrooms or become one large room for church services and community meetings.

We thank NECOFA for coordinating this project and FKSW donors whose generous investment in this project has brought encouragement and hope to the residents and a beautiful learning place for their children!



Men and women listen to speeches

# In Endonyio Sidai, a school continues to grow...



Endonyio Sidai, a small Maasai community south of Nairobi, is different than when we first visited in 2004. Then, the community's small corrugated metal church served as a nursery school for 8 students. Educational materials were removed on weekends and brought back on Monday mornings. Students in first through eighth grades walked an hour and a half one way down the 1,000 foot escarpment to Iloodoriak Primary School on the floor of the Rift Valley. Each evening they walked back up to their homes. Sometimes, they encountered wild animals on the way.



The "school" in 2004



Teachers Eunice, Jennifer, Jeremiah and Moses

space for 95 classes- Baby lers are happy d are eager to is helping this and toilets for

Endonyio Sidai students

Today, there is a school built of stone. Four large classrooms provide learning space for 95 students from nursery through fourth grade. Forty six children attend one of three nursery classes-Baby Class, Middle Class or Top Class-depending on their age. The first, second and third graders are happy to have a school so close to home. They show off their new red and blue uniforms and are eager to recite their lessons for us.

Collaboration between FKSW, the Endonyio Sidai community and the government is helping this village realize a dream. FKSW donors funded the construction of the nursery classroom and toilets for the boys and the teachers. The community built the first and second grade classrooms, toilets for the girls, and a kitchen for the preparation of the school lunch. Parents funded Early Childhood Education training for Moses Kipalias, one of two nursery teachers who receive salaries from the community. Moses, a teacher here since 2004, will complete his training next month. The school was registered with the Kenya Ministry of Education in May. The Ministry pays salaries for two primary teachers, supports a school lunch program and assisted with the completion of a fourth classroom. FKSW is helping with materials for a fence to enclose the school compound to prevent vandalism and to protect new tree seedlings from hungry sheep and goats.

Head Teacher Jeremiah Kitesho, who grew up here, is thrilled to be working in his own community. He said the dream is for a school from nursery to eighth grade and that there is a *harambee* (fundraiser) planned for a fifth classroom. Since 2004, FKSW donors have provided scholarships for students here to purchase uniforms, shoes and books. Now, the youngest of those 17 students attend this school close to home. Someday, all of Endonyio Sidai's children will be here!

# Karangathi Njoroge, FKSW colleague in Molo, receives a Rotary Peace Fellowship



Karangathi Njoroge, Director of Maendeleo Endelevu Action Program, a community development organization in Molo, and a colleague of ours since 2008, has been selected by the Rotary Foundation to receive a 2011 Rotary Peace Fellowship. The course of study is part of the Rotary Peace Centers for International Studies in Peace and Conflict Resolution program. He will study at the Rotary Peace Center at Chulalongkorn University in Bangkok, Thailand from January 13 through April 1, 2011. Karangathi was nominated by the Metropolitan Rotary Club of Eugene.

Karangathi's degree in social work and community development complements his experience and expertise in agriculture, youth mentoring and leadership, forest management, and peace and conflict resolution. From 1997-2004 he was a project officer with Wangari Maathai's

Greenbelt Movement in Nairobi. Karangathi says "I have a deep passion in peace building, conflict resolution and transformation and facilitating sustainable community development. Peace is a prerequisite to realization of development initiatives. This course relates to my career objectives of acquiring and sharing knowledge, skills and capacity to enhance participation in activities that lead to peace and tolerance, social and economic justice, ecological balance, human rights and democratic governance at the local and global level." We congratulate Karangathi on this well-deserved award and wish him the best as he moves ahead on his path of service!

#### Roosevelt Middle School Students Rock!!!!!



Kokwa students read cultural exchange books from Roosevelt students

Since 2004, Marty Smith's students at Roosevelt Middle School in Eugene have raised over \$10,000 for projects on Kokwa Island at Lake Baringo. Their commitment to the Kirepari community and their dedication to fundraising through their annual "Taste of Kenya" event has provided 14 students with scholarships for 8 years of primary school, beds for the Kokwa Primary School dormitory, solar batteries for the island's dispensary, micronutrients for malnourished children, and salary for nursery school teacher Grace Koinale.

Last year, Marty and fellow teacher Dee Reilly created and taught a class called "Kenya Dig It?" Students learned about Kenya and made cultural

exchange books for students at Kokwa Primary School which I delivered to them in September. While looking at the books, they listened to a CD made by Roosevelt choir teacher Carol Sinclair and her students of the African songs they sang at Taste of Kenya. The Kokwa students and teachers were fascinated by the books and sang along with one of the songs they knew! Each student wrote a letter of thanks for the books and music and for what they've learned about young people in one



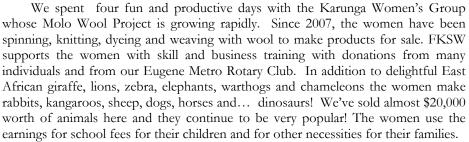
Marty Smith and her class



Roosevelt Choir sings at Taste of Kenya

corner of America. Congratulations to Marty, Dee and their students for building a bridge that stretches over 9,000 miles from Eugene, Oregon to Kokwa Island, Kenya!!!!

# The Molo Wool Project



The Molo Wool Project has provided opportunities for women to share their skills with each other, and experienced knitters now mentor and

instruct women new to the group. A registered women's group in Kenya, Karunga also has other activities, like the tree nursery they began in January with a micro loan provided by an FKSW donor. They also have a revolving fund program which allows women to take small loans from a group account when they need a little extra cash. These loans are usually repaid the following month.



Jane Langat with her Peter Rabbit

The gift shop at the Oregon Zoo in Portland now sells Molo Wool products! And since early summer, Swahili Imports in Eugene has Molo Wool

Project animals and FKSW note cards at their store in the Fifth St. Public Market. Swahili Imports works with artisans in Africa to make lovely modern products...unique furniture, artwork, baskets, jewelry and home décor.

We are so fortunate to have been invited to be one of Swahili Import's Partners for African Prosperity (PAP-Net). This program is described on their website: "Our partners are non-profit organizations that employ a sustainable, hands-on approach to development in regions where our artisans live and work. The PAP-Net mission is two-fold: to educate our community of customers about these vital non-profits, and to get our customers involved in allocating Swahili donations."

Please visit their website to learn more about this program and about their wonderful products. (<a href="www.swahili-imports.com">www.swahili-imports.com</a>). And please visit the store when you're looking for unique and beautiful gifts!



Karunga animals



#### Chief John Lemukut talks about FKSW

#### in a conversation at the Kirepari Community on Kokwa Island

"Since FKSW came to Longicharo in 2004, there have been lots of changes and benefits to the community, especially in education. You started working with us in Longicharo, but now you work with the larger community, Rugus, Noosukuro, Kiserian and Kokwa.

We are grateful for your help with uplifting the community in education. You began with scholarships for a few children but now there are many, even 3 girls in secondary school and 19 girls in boarding school. The girls have been the most vulnerable. We appreciate your efforts of going around and seeing the progress of the school children. You have also helped us improve our health status with the bone char water filter and now people are healthy. When we were in Longicharo, you promised to assist us with clean water and you didn't drop the idea when we moved. The two medical camps have assisted us in addressing diseases for many, not just in this community but for many communities whose people came. The exposure



John Lemukut, Chief, Rugus Location, Baringo, Kenya

visits you've provided to visit kitchen gardens in Molo and Kailer have changed the peoples' minds and lives.

As Chief of the area, I am giving reports to the government that you are assisting us. I've told the District Commissioner about the scholarships for the children and then about the women's groups that you are helping. The government appreciates these efforts to assist the people.

When we came from Longicharo, we lived under the trees. FKSW was the first to help us with the process of transition. You stayed with us through all of our difficulties and have gone through all the problems and challenges we've faced. You are to us mother, father, sister, brother...we are one extended family. We are most grateful.

A BIT OF HISTORY: The community that is now called Kirepari has only been on Kokwa Island for 3 years. When FKSW first became involved the community lived on the mainland and was called Longicharo. Repeated attacks by a neighboring tribe drove the Longicharo people to seek a more secure place to settle. At the invitation of their neighbors on Kokwa Island, they resettled there in 2007, living under trees on the shore of the lake for several months. FKSW assisted them with food and other emergency relief. They adopted the name Kirepari, but some still use the old and loved name, Longicharo. Chief Lemukut is a member of the Kirepari community and we have known him since 2004. To read more about the community, see the May 2010 FKSW newsletter on our website.

Please consider a generous contribution to fund worthwhile projects like the following which will allow us to continue to assist these communities. During the coming year, we'd like to:

- Train 6 community health workers on Kokwa Island
- ❖ Begin a school lunch program at Kachiuru Primary School
- Purchase a pump for El Dume Women's Group to water their community and kitchen gardens
- ❖ Buy desks and purchase cement for the floors at Kachiuru Primary School
- ❖ Buy 15 metal bunk beds for the girls' dorm at Kokwa Primary School
- Construct a nursery school classroom at Kirepari
- Provide primary scholarships to additional children in five villages

Children at Kiserian Village Lake Baringo

#### It's easy to give! It just takes moments to:

- Put a check in the enclosed envelope and drop it in the mail
- ❖ Use the PavPal button on our website (www.fksw.org)
- Make a gift of stock. FKSW is set up to receive gifts of stock through an account at Wells Fargo Advisors. If you gift highly appreciated stock, you receive the market value of your stock as the gift amount and avoid capital gains tax on the unrealized appreciation. Let us know if you have questions!

#### Send a donation to FKSW in the name of a friend and triple your impact.

Your friend or family member

- \* receives a gift which...
- lets them see how you are making a difference in the world by...
- helping to improve the quality of life for Kenyan people.

For each gift of \$100 or more, we'll send your friend or family member a small, handmade gift from Kenya and a gift card acknowledging your donation.



# Asante Sana!

Thank you for helping to change lives in Kenya!

# Friends of Kenya Schools and Wildlife

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